

Friday, December 11, 2020

Dear Friends and Members and Guests of Desert Hills,

I came across this bit of news yesterday. “Gallup polled a little over a thousand Americans over the age of 18 from November 5 – 19 and found that only those who attended religious services weekly saw a positive change between 2019 and 2020 in how they rated their mental health. In 2019, 42% of Americans who attended religious services weekly rated their mental health as excellent, the poll showed. In 2020, 46% of Americans who attended religious services weekly rated their mental health as excellent — a percentage increase of four points.” Mary Margaret Olohan

This is something that most worshipping Christians would know to be true. The article did not distinguish between online or in person worship. Doesn’t matter, being with others is always powerful. Who imagines mental health rising in these times? We worship a great God.

This weekend is the third weekend of Advent. I’ve got three things to talk with you about and they are three really good things. If we do these three things, our lives change for the better. This weekend we will be both online and in person. We are doing more to create physical distance in the sanctuary and if you enter the sanctuary on the northside there is a mask only section.

Tomorrow is my mother’s birthday. Growing up we would always buy our Christmas tree on mom’s birthday. This year we went earlier to find a tree. It is also Corrine Chilstrom’s birthday tomorrow. Happy Birthday to you both.

Blessings,

Pastor Martin