

## E-DEVOTION FOR TUESDAY, FEBRUARY 23

You may recall the devotion I wrote last week about doing a little 'soul searching.' I was inspired by the many comments I received from folks about that. It appears that soul searching is something with which we all can identify.

One person said... "Interesting what you find when you climb into your head." Wow! I really like that.

So.... I did that. I spent a little time 'climbing into my head.' It was amazing what I found. Some stuff in there I'm not so proud of. Some stuff I thought I was completely past.

The Bible tells us in I Corinthians 3:16, *"Do you not know that you are God's temple and that God's Spirit dwells in you?"*

Wouldn't it be something when we find ourselves delving deep inside where we really live, we find the Spirit of God? That Spirit lives in us, you know. Sometimes I am so disappointed with myself when I 'do the things I would not do, and do not do the things I would.' It is at those times that I need to remember that the Spirit of the Living God is really, truly deep inside of me.

That takes me to Romans 15:2... *"Instead, we should all please our brothers for their own good, in order to build them up in the faith."* Climbing inside our heads and discovering that we are a living, breathing messenger of God's Spirit can take us to another place. A place where we discover that we can put that Spirit to work in how we live and how we care for one another.

Just a bit of 'musing' on those thoughts about soul searching. I'm planning on doing some more of it. Hope you are, too. And thanks so much for sharing your words with me about these devotional thoughts. YOU are doing your part 'building others up in the faith.'

Keep on washing your hands, fold them, bow your head. Search your soul... you will find the Spirit of the Living God there. Please join Pastor Dennis Nelson online for the weekly Lenten Worship as we walk together this path to the cross.

Pray with me: "Dear Lord, help us to find that inner self. The place where we know your Spirit lives. Encouraging us, uplifting us and inspiring us. And, help us to do more to help one another. To build each other up. Amen. In Jesus' Name, Amen."