Dear Members and Friends of Desert Hills Lutheran,

This weekend I'll be delivering a message about the second signpost of Love. How can love be a broken signpost? That is where I'll start and then talk of how Christianity and our Lord Jesus can transform how we see love and how we love others and ourselves.

Also, this weekend there will be a place to sign-up to let us know you plan to attend our Annual Meeting in the lobby. We want to make sure we have a quorum for our Annual Meeting on Sunday, January 31 at 12:15 pm. If you are attending, we ask that you print your name on the list. The agenda is short this year. There will be a report from the transition team and voting on our spending plan for 2021, followed by a brief Desert Hills Lutheran Foundation meeting.

My devotion verse for the today is 3 John 2. (3 John is a very short letter of only 15 verses. In all likelihood, the author is the same as 1 and 2 John.) You will find these letters at the end of the New Testament. The letter of Jude separates 3 John from Revelation. Back to the verse 2 of 3 John. "Beloved, I pray that all may go well with you and that you may be in good health, just as it is well with your soul." I think we often focus primarily on our physical health and not so much on our soul health. In these times of Covid, there is an understandable focus on the physical, but one thing the lockdown is producing is much soul sickness. What is soul sickness? Things like anxiety, depression, worry, loss of faith, and fear, etc. The writer John of 3 John, (we are not sure if this is the disciple John or the writer of the Gospel of John) wants Gaius to be in good health and good soul health. 3 John 2 is a good reminder that when we pray for physical health for others and ourselves, we remember to also pray for soul health. I wish for you all, physical health and also soul health.

Blessings	,
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**Pastor Martin**