

E-DEVOTION FOR THURSDAY, OCTOBER 29

Have you ever been in the presence of someone who just seems to 'shine?' And when you spend time with them, you go away just feeling so much better about life, about where you are headed? It's almost like starting a day over when that happens.

I have someone in my life like that. I can be down in the dumps, a bit grumpy... I hate to admit that... and then this friend and I can sit down, in person, or on a call, and I just feel like I have been picked up out of a pit.

Matthew 5:14-16 puts it this way... *"You are like a light for the whole world. A city built on a hill cannot be hid. No one lights a lamp and puts it under a bowl; instead he puts it on the lamp-stand, where it gives light for everyone in the house. In the same way your light must shine before people, so that they will see the good things you do and praise your Father in heaven."*

I have heard the saying, "The Christ in me sees the Christ in you" many times. I love it. There are just some people who bring out the Christ in us. And I hope and pray that there are those who can also see the Christ in me.

Our daughter has started a Candlelight vigil in memory of her best friend who committed suicide a number of years ago. It is held annually at Christmas time at a nature center in the Twin Cities. She entitled it "Be the Light." She wanted to find some light in the middle of a very sad and dark time. And we are so very proud of her for honoring her friend this way. And that's what I'm talking about here... let's work on being 'the light' for those who find themselves in dark places. "Let your light so shine"... it's a wonderful thought. And we can do it.

Remember washing your hands is essential, then fold them and bow your head. Ask God to help you to light up the dark places. To not hide your light under a bowl, but to let it shine and be the Christ someone needs to see in you.

Pray with me: "Dear Lord, sometimes we don't feel as though there is any light in us at all. Help us to discover what we can do and be for those around us. We struggle hard at times and we need your light so desperately. Let us be reflections to those around us of your love and your peace. Amen. In Jesus's Name, Amen.

Pastor Ken Nyhusmoen